

**WORKSHEET 12:****Basic and Advanced Personal CGM Training Needs*****Basic Training Needs:***

- Sensor site selection, rotation and sensor insertion
- Attachment of the transmitter to the sensor, if applicable
- Taping/securing of the sensor/transmitter, if applicable
- Connection of the transmitter to the receiver, if applicable
- Difference between interstitial glucose readings and blood glucose readings
- Understanding CGM data and trends
- Possible interference of products such as acetaminophen, salicylic acid, hydroxyurea, and high dose vitamin C
- Calibration including timing, frequency and importance of accurate meter/fingerstick technique, if applicable
- Education to prevent overcorrection of high glucose
- Treatment of hypoglycemia

***Advanced Training Needs:***

- Setting and managing alerts/alarms
- How to use trend arrows to adjust treatment decisions
- Problem solving for site adhesiveness and skin reactions
- Support with coping and problem solving
- Sharing of data

***“The best interest of the patient is the only interest to be considered.”***

**—Dr. Will Mayo**