

## **New ICD-10-CM Codes for Diabetes Self-Management Training**

ICD (International Classification of Diseases) codes are used by physicians and medical coders to assign medical diagnoses and report inpatient procedures. The ICD-9 code sets will be replaced by ICD-10 code sets on October 1, 2015. ICD-10 consists of two parts:

- •ICD-10-CM diagnosis coding which is for use in all U.S. health care settings.
- •ICD-10-PCS inpatient procedure coding which is for use in U.S. hospital settings.

ICD-10-CM is for use in all U.S. health care settings. Diagnosis coding under ICD-10-CM uses 3 to 7 digits instead of the 3 to 5 digits used with ICD-9-CM, but the format of the code sets is similar. Current Procedural Terminology (CPT) codes will continue to be used for physician and outpatient services. It is important to note that the conversion to ICD-10 is not intended to impact payment levels, but claims could be denied if not coded correctly.

It is not within the scope of practice of a diabetes educator to make a medical diagnosis. Diabetes educators may use this list to customize paper and electronic forms within their DSME programs to facilitate referrals for DSMT or MNT services and the development of super bills.

Due to the large increase in the number of diagnosis codes in the ICD-10-CM code set as compared to the ICD-9-CM code set, mapping is not a straightforward correlation between codes of the two classification systems. In certain circumstances, the relationships and linkages between code sets are fairly close – at times a one-to-one correlation.

The ICD-9-CM and ICD-10-CM codes listed below are a representative list of diagnosis codes for which individuals may be referred to a diabetes educator for self-management education. The list is not meant to be all-inclusive. Additional ICD-10-CM codes can be found at:

http://www.cms.gov/Medicare/Coding/ICD10/2014-ICD-10-CM-and-GEMs.html.

All of the ICD-10-CM codes listed below have additional digits available to provide more specificity to the diagnosis. In designing DSMT or MNT referral forms, diabetes educators should add space for the physician/physician office to include additional digits at the end of the ICD-10-CM codes as they are required to be used when they are provided in the code set. Diabetes educators may also want to include a place for them to write in additional ICD-10-CM codes.

ICD-9 Codes	ICD-10 Codes
250.00 diabetes mellitus, type II or unspecified	E10 Type 1 diabetes mellitus
type, without mention of complication, not	E10.1 Type 1 diabetes mellitus with ketoacidosis
stated as uncontrolled	E10.2 Type 1 diabetes mellitus with kidney
	complications

250.01 diabetes mellitus, type I [juvenile type], without mention of complications, not stated as uncontrolled

250.02 diabetes mellitus, type II or unspecified type, without mention of complication, uncontrolled

250.03 diabetes mellitus, type I, [juvenile type], without mention of complication, uncontrolled 790.29 other abnormal glucose

E10.3 Type 1 diabetes mellitus with ophthalmic complications

E10.4 Type 1 diabetes mellitus with neurological complications

E10.5 Type 1 diabetes mellitus with circulatory complications

E10.6 Type 1 diabetes mellitus with other specified complications

E10.64 Type 1 diabetes wit hypoglycemia

E10.65 Type 1 diabetes with hyperglycemia

E10.8 Type 1 diabetes mellitus with unspecified complications

E10.9 Type 1 diabetes mellitus without complications

E11 Type 2 diabetes mellitus

E11.0 Type 2 diabetes mellitus with hyperosmolarity

E11.2 Type 2 diabetes mellitus with kidney complications

E11.3 Type 2 diabetes mellitus with ophthalmic Complications

E11.329 Type 2 diabetes mellitus with mild nonproliferative diabetic retinopathy without macular edema

E11.4 Type 2 diabetes mellitus with neurological complications

E11.5 Type 2 diabetes mellitus with circulatory complications

E11.6 Type 2 diabetes mellitus with other specified complications

E11.64 Type 2 diabetes with hypoglycemia

E11.649 Type 2 diabetes mellitus with

hypoglycemia without coma

E11.65 Type 2 diabetes with hyperglycemia

E11.8 Type 2 diabetes mellitus with unspecified complications

E11.9 Type 2 diabetes mellitus without Complications

E11.22 Type 2 diabetes mellitus with diabetic chronic

kidney disease

E11.42 Type 2 diabetes mellitus with diabetic Polyneuropathy

R73.09 other abnormal glucose