



# Your Diabetes Decision-Making Guide to the **2020 Election**

As healthcare professionals, we have a responsibility to ensure the rights and wellbeing of people with diabetes are protected. By making informed decisions, we can work together to create better outcomes for all people with diabetes, prediabetes and other cardiometabolic conditions. Here are 3 actions you can take today to evaluate proposed healthcare legislation and candidates' healthcare platforms.

## **Understand 4 core principles that must be reflected in all healthcare proposals.**

- 1.** Enhances access to affordable services, medications, devices and supplies for all people with diabetes.
- 2.** Includes guaranteed coverage of a comprehensive set of essential health services required by people with diabetes to manage the disease.
- 3.** Supports development of and access to innovative diabetes-related medications, devices, supplies and technology.
- 4.** Promotes programs that reduce cost, improve care and foster innovation.

## **Verify that proposed legislation or platform includes these provisions.**

### **★ Preserves elimination of preexisting condition exclusions.**

As part of the Affordable Care Act, health insurers can no longer charge more, deny coverage, or limit benefits for people with diabetes and other chronic conditions.

### **★ Prioritizes prevention and screening.**

ADCES supports policy positions that prioritize access to proven screenings and the necessary follow-up, as well as preventative services. Positions should include robust funding for prevention and public health initiatives.

### **★ Prohibits discrimination in plan design.**

ADCES believes that health plans should not make coverage decisions, determine reimbursement rates, establish incentive programs, or design benefits in ways that discriminate against individuals because of their age, disability, expected length of life, etc.

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## **Research the policies and platforms of those running for office**

Use the ADCES Legislative Action Center at [DiabetesEducator.org/Advocacy](https://DiabetesEducator.org/Advocacy) for information on your local, state and federal elections.

Visit the official campaign websites of those running for office in your area. Candidates typically have pages on their website dedicated to different topic areas including health care. Use the official campaign website to contact campaigns directly and speak to campaign staff about a candidate's proposals.

Attend local townhall or networking events to interact with candidates firsthand. Look at their campaign websites for upcoming events.

## **MAKE AN IMPACT TODAY**

Through informed decision-making, we can use our collective action to create positive change. ADCES encourages all healthcare professionals to review and assess candidates' healthcare proposals and actively reach out and share your perspective with your elected officials and candidates for public office.

Access the full guide and find information for your local elections in the ADCES Legislative Action Center.

**[DiabetesEducator.org/advocacy](https://DiabetesEducator.org/advocacy)**

