May 23, 2019

David S. Wichmann  
Chief Executive Officer  
UnitedHealthcare  
9700 Health Care Lane  
Minnetonka, MN 55343

Dear Mr. Wichmann:

We represent patients and providers from across the United States who are concerned and extremely disappointed that UnitedHealthcare chose to limit your members’ choice of insulin pumps, especially for children as young as 7 years old. Any agreement that limits choice in therapies, at any age, only adds to the already overwhelming burdens of life with type 1 diabetes (T1D).

Different insulin pumps work best for different people. An insulin pump is a personal decision - it affects how people manage T1D. Pumps have different features and capabilities, and people may choose to go without a pump if they can’t use one that works for them. This can lead to diabetes being managed less successfully, and increase costs for you, as health outcomes are negatively affected. Covering the full range of pump options makes it more likely that your members will use these critical devices.

You note that an appeals process is in place for UHC members seeking approval for an out-of-network insulin pump. This presents an unnecessary burden on patients and on us - the physicians, providers, and administrative staff who want to remain focused on providing the highest quality healthcare to the patients we serve.

We, the undersigned organizations and clinicians, strongly urge you to reverse your exclusive insulin pump agreement.

Should you wish to follow up on this letter, please respond to Kate Sullivan Hare, Chief Public Affairs Officer at the American Association of Clinical Endocrinologists by e-mail at ksullivanhare@aace.com or phone (202) 256-6456; or Kate Thomas, Director of Advocacy at the American Association of Diabetes Educators by e-mail at kthomas@aadenet.org or phone at 312-601-4821.

Sincerely,
Sandra Weber, MD  
President  
American Association of Clinical Endocrinologists

Charles Macfarlane, FACHE, CAE  
Chief Executive Officer  
American Association of Diabetes Educators

Roy W. Beck, MD, Ph.D.  
Executive Director  
Jaeb Center for Health Research

Bruce Buckingham, MD  
Professor, Pediatrics, Division of Endocrinology and Diabetes  
Stanford University

Daniel DeSalvo, MD  
Assistant Professor of Pediatrics  
Director of Strategic Collaboration  
Pediatric Diabetes & Endocrinology  
Texas Children's Hospital

Michael Haller, MD  
Professor and Chief, Pediatric Endocrinology  
University of Florida

Irl Hirsch, MD  
Professor of Medicine  
Diabetes Treatment and Teaching Chair  
University of Washington School of Medicine

Margaret Grey, DrPH, RN, FAAN  
Annie Goodrich Professor of Nursing  
Director, Training Program in Self- and Family Management  
Yale School of Nursing  
Professor of Pediatrics  
Deputy Director, Yale Center for Clinical Investigation  
Yale School of Medicine

David Maahs, MD, PhD  
Professor and Chief of Pediatric Endocrinology  
Associate Director, Stanford Diabetes Research Center  
Secretary-General of the International Society of Pediatric and Adolescent Diabetes

Anne Peters, MD  
Director, USC Clinical Diabetes Program  
Professor, Keck School of Medicine of USC
Marian Rewers, MD, PhD  
Professor of Pediatrics & Medicine  
Richard S. Abrams Endowed Chair  
Executive Director, Barbara Davis Center for Diabetes  
University of Colorado School of Medicine

Jennifer Sherr, MD, PhD  
Associate Professor, Pediatrics (Endocrinology)  
Yale School of Medicine

Joseph I. Wolfsdorf, MD, BCh  
Boston Children's Hospital Chair in Endocrinology  
Professor of Pediatrics, Harvard Medical School  
Past President, International Society for Pediatric and Adolescent Diabetes

cc: Richard Migliori, MD, Executive Vice President, Medical Affairs, and Chief Medical Officer, UnitedHealth Group

Sandy Cohen, MD, Chief Medical Officer, United Healthcare Employer and Individual, United Healthcare

Elizabeth Winsor, Regional CEO, Northeast Region Employer & Individual, UnitedHealth Group