

### Medical Model of Disability

- Individual
- Disease, trauma, or health condition
- Professional intervention



World Health Organization. (2002) Toward a Common Language for Functioning, Disability and Health ICF. Retrieved from <http://www.who.int/classifications/icf/training/icfbeginnersguide.pdf>

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### Social Model of Disability

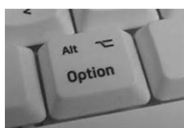
- Not an individual attribute
- Unaccommodating physical environment
- Political intervention



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### Third Option

- Biopsychosocial model
  - Biological
  - Individual
  - Social



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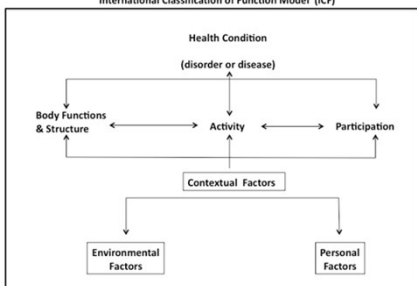
### World Health Organization

#### International Classification of Functioning, Disability, and Health (ICF)

Centers for Disease Control. (n.d.) The ICF: An Overview. Retrieved from [https://www.cdc.gov/nchs/data/icd/icfoverview\\_finalforwho10sept.pdf](https://www.cdc.gov/nchs/data/icd/icfoverview_finalforwho10sept.pdf)  
 World Health Organization. (2002) Toward a Common Language for Functioning, Disability and Health ICF. Retrieved from <http://www.who.int/classifications/icf/training/icfbeginnersguide.pdf>

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International Classification of Function Model (ICF)



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### Brief ICF Core Set for Diabetes Mellitus

#### Body Function

ICF Code	ICF Category
b130	Energy and drive functions
b210	Seeing functions
b270	Sensory functions related to temperature and other stimuli

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ICF Code	ICF Category
b410	Heart functions
b415	Blood vessel functions
b420	Blood pressure functions
b455	Exercise tolerance functions
b530	Weight maintenance functions
b540	General metabolic functions
b545	Water, mineral and electrolyte balance functions
b610	Urinary excretory functions

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### Body Structures

ICF Code	ICF Category
s220	Structure of eyeball
s410	Structure of cardiovascular system
s550	Structure of pancreas
s610	Structure of urinary system
s750	Structure of lower extremity

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### Activities and Participation

ICF Code	ICF Category
d240	Handling stress and other psychological demands
d450	Walking
d520	Caring for body parts
d570	Looking after one's health

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### Environmental Factors

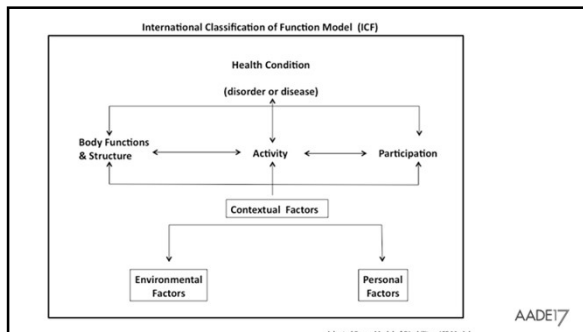
ICF Code	ICF Category
e110	Products and substances for personal consumption
e115	Products and technology for personal use in daily living
e310	Immediate family

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ICF Code	ICF Category
e355	Health professionals
e465	Social norms, practices and ideologies
e570	Social security services, systems and policies
e580	Health services, systems and policies
e585	Education and training services, systems and policies

Comprehensive ICF Core Set for Diabetes Mellitus. (n.d.) Retrieved from <https://www.icf-research-branch.org/download/send/12-cardiovascularandrespiratoryconditions/117-comprehensiveandbrieficfcoresetsdiabetesmellitus>

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### ICF – how does it help us with patient care?

- Interprofessional education and collaborative practice
  - Common understanding of care decisions
  - Shared goal setting



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### The Traditional Diabetes Management Team

- Patient
- Physician
- Nurse
- Diabetes Educator
- Dietitian



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### What do we know?

We are Doctors of Physical Therapy with a broad educational curriculum



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### Why is diabetes management important to us?

- Diabetes can influence activity tolerance
- Activity can influence diabetes management



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### What is our work setting?



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**What about me?**

CASE STUDY

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- Knowledge from traditional providers
- Knowledge application to real life
- Bridging the gap in “real time”

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**How can YOU build a team??  
What is YOUR experience??**

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