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A Multidisciplinary Community Collaboration to Deliver DPP

Disclosure to Participants

- Notice of Requirements For Successful Completion
  - Please refer to learning goals and objectives.
  - Learners must attend the full activity and complete the evaluation in order to claim continuing education credit/hours.

- Conflict of Interest (COI) and Financial Relationship Disclosures:
  - Presenter: Hannah White, MS, RD, LD, CDE – No COI/Financial Relationship to disclose
  - Presenter: Christina Dietz, MS – No COI/Financial Relationship to disclose

- Non-Endorsement of Products:
  - Accredited status does not imply endorsement by AADE, ANCC, ACPE or CDR of any commercial products displayed in conjunction with this educational activity.

- Off-Label Use:
  - Participants will be notified by speakers to any product used for a purpose other than for which it was approved by the Food and Drug Administration.

Learning Objectives:

1. Describe what DPP is and how to disseminate in a variety of settings
2. Identify partners for implementation of community-based programs
3. Demonstrate conceptual understanding of unique collaboration frameworks for sustainability of community-based programs
Diabetes Prevention Program (DPP)
- Yearlong lifestyle change program
- Lower risk in developing type 2 diabetes

Prisma Health DPP
- Prisma Health: self-insured health system
- First cohort was initiated with SC Department of Health and Environmental Control (SC DHEC) partial funding
- Became covered health benefit for employees with evidence and cost calculation support from American Medical Association (AMA)

Collaboration Background
- Greenville Health Authority (GHA) funding opportunity
- Clemson University submitted proposal for community-based diabetes management and Prisma Health submitted for DPP
- GHA recommended the two entities collaborate in diabetes prevention and management
Collaboration Entities

Greenville Health Authority

Clemson Cooperative Extension

- Clemson is part of Association of Public and Land-Grant Universities (APLU)
- “By living and working in communities, county educators respond to local needs, build trust, and engage effectively with citizens”
- Building on this by integrating health into their model

Program Model

Clemson Cooperative Extension

- Clemson is part of Association of Public and Land-Grant Universities (APLU)
- “By living and working in communities, county educators respond to local needs, build trust, and engage effectively with citizens”
- Building on this by integrating health into their model
Collaboration Strengths and Program Uniqueness

- Traditional DPP:
  - Minimum of 22 touchpoints
  - CDC-Approved Lifestyle Coach training

- Our DPP:
  - In-person classes with greater number of touchpoints
  - Bachelor’s educated Lifestyle Coach
  - Content specific training

Collaboration Strengths and Program Uniqueness

- Utilizing the AADE Competency levels
  - CDEs for clinical oversight
  - Paraprofessional led cohorts

- Select evaluation team members have undergone prediabetes/diabetes content specific training

Collaboration Strengths and Program Uniqueness

- RD/CDE attends one nutrition-related session

- Connection to clinical care, as needed
  - Establishing primary care provider
  - DSME
  - Medical Nutrition Therapy
Citations: