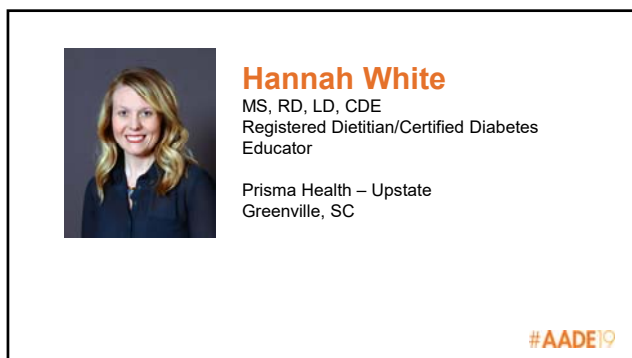
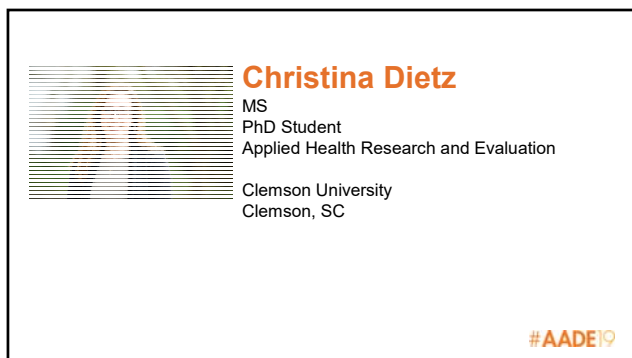


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A Multidisciplinary Community Collaboration to Deliver DPP

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Disclosure to Participants

- Notice of Requirements For Successful Completion
 - Please refer to learning goals and objectives
 - Learners must attend the full activity and complete the evaluation in order to claim continuing education credit/hours
- Conflict of Interest (COI) and Financial Relationship Disclosures:
 - Presenter: Hannah White, MS, RD, LD, CDE – No COI/Financial Relationship to disclose
 - Presenter: Christina Dietz, MS – No COI/Financial Relationship to disclose
- Non-Endorsement of Products:
 - Accredited status does not imply endorsement by AADE, ANCC, ACPE or CDR of any commercial products displayed in conjunction with this educational activity
- Off-Label Use:
 - Participants will be notified by speakers to any product used for a purpose other than for which it was approved by the Food and Drug Administration.

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Learning Objectives:

1. Describe what DPP is and how to disseminate in a variety of settings
2. Identify partners for implementation of community-based programs
3. Demonstrate conceptual understanding of unique collaboration frameworks for sustainability of community-based programs

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Diabetes Prevention Program (DPP)



- Yearlong lifestyle change program¹
- Lower risk in developing type 2 diabetes²

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Prisma Health DPP



- Prisma Health: self-insured health system
- First cohort was initiated with SC Department of Health and Environmental Control (SC DHEC) partial funding
- Became covered health benefit for employees with evidence and cost calculation support from American Medical Association (AMA)

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Collaboration Background

- Greenville Health Authority (GHA) funding opportunity
- Clemson University submitted proposal for community-based diabetes management and Prisma Health submitted for DPP
- GHA recommended the two entities collaborate in diabetes prevention and management

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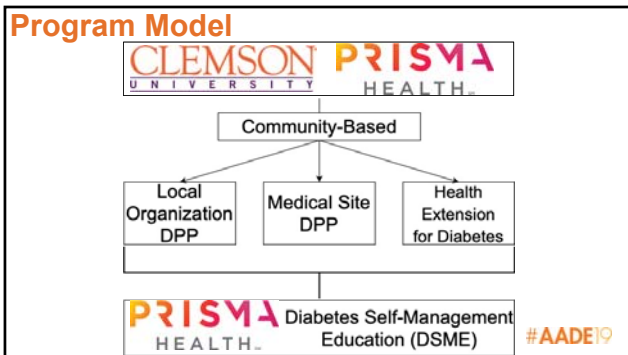
Clemson Cooperative Extension

- Clemson is part of Association of Public and Land-Grant Universities (APLU)
- “By living and working in communities, county educators respond to local needs, build trust, and engage effectively with citizens”⁴
- Building on this by integrating health into their model

CLEMSON
COOPERATIVE EXTENSION

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Collaboration Strengths and Program Uniqueness

- Traditional DPP:
 - Minimum of 22 touchpoints
 - CDC-Approved Lifestyle Coach training
- Our DPP:
 - In-person classes with greater number of touchpoints
 - Bachelor's educated Lifestyle Coach
 - Content specific training

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Collaboration Strengths and Program Uniqueness

- Utilizing the AADE Competency levels
 - CDEs for clinical oversight
 - Paraprofessional led cohorts
- Select evaluation team members have undergone prediabetes/diabetes content specific training

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Collaboration Strengths and Program Uniqueness

- RD/CDE attends one nutrition-related session
- Connection to clinical care, as needed
 - Establishing primary care provider
 - DSME
 - Medical Nutrition Therapy

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Citations:

1. CENTERS FOR DISEASE CONTROL AND PREVENTION (CDC). Lifestyle Change Program Details. [online]. 4 April 2019. [Accessed 19 April 2019]. Available from: <https://www.cdc.gov/diabetes/prevention/lifestyle-program/experience/index.html>
2. CENTERS FOR DISEASE CONTROL AND PREVENTION (CDC). Diabetes Home: Infographics-National Diabetes Prevention Prevention. [online]. 14 January 2019. [Accessed 19 April 2019]. Available from: <https://www.cdc.gov/diabetes/library/socialMedia/infographics.html>
3. PRINCE GEORGE COUNTY, MARYLAND. Before Diabetes (Prediabetes Classes). [online]. [Accessed 19 May 2019]. Available from: <https://www.princegeorgescountymd.gov/3089/Before-Diabetes>
4. ASSOCIATION OF PUBLIC & LAND-GRANT UNIVERSITIES. Cooperative Extension Section (CES). [online]. 4 March 2018. [Accessed 7 May 2019]. Available from: <http://www.aplu.org/members/commissions/food-environment-and-renewable-resources/board-on-agriculture-assembly/cooperative-extension-section/>

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