Objectives

- Overview of Expanding Access to Diabetes Self-Management Training Act (H.R. 1840, S. 814)
- Purpose of microsimulation modeling for DSMT legislation
Disclosure to Participants

• Notice of Requirements For Successful Completion
  – Please refer to learning goals and objectives
  – Learners must attend the full activity and complete the evaluation in order to claim continuing education credit/hours
• Conflict of Interest (COI) and Financial Relationship Disclosures:
  – Presenter: Kate Thomas, MA—No COI/Financial Relationship to disclose
• Non-Endorsement of Products:
  – Accredited status does not imply endorsement by AADE, ANCC, ACPE or CDR of any commercial products displayed in conjunction with this educational activity
• Off-Label Use:
  – Participants will be notified by speakers to any product used for a purpose other than for which it was approved by the Food and Drug Administration.

Expanding Access to DSMT Act

• S. 814: Introduced by Senators Jean Shaheen (D-NH) and Susan Collins (R-ME) on March 14
• H.R. 1840: Introduced by Representatives Tom Reed (R-NY) and Diana DeGette (D-CO) on March 21 with 4 original co-sponsors
• Reminder: Diabetes Self-Management Training refers to Medicare Benefit
• Conduct analysis of legislation to assess cost-savings

Why is this legislation important?

• Approx. 30.3 million Americans have diabetes
• Over 67% of diabetes care is paid for by government insurance like Medicare
• Complications are costly and life threatening
• DSMT: Medicare benefit since 1997
• Known benefits of DSMT: lowers A1C, improves quality of life, reduces complications, enhances self-efficacy, and more
• Despite this, less than 5% of newly diagnosed beneficiaries access DSMT

Sources:
Expanding Access to DSMT Act

- More flexibility with initial 10 hours of DSMT, option for additional hours
- Increase number of hours available in subsequent years
- DSMT and MNT can be provided on same day
- Remove cost-sharing requirements
- Expand the list of referring providers
- Clarify policy regarding HOPD providing DSMT in community-based locations
- Establish a demonstration project for virtual DSMT