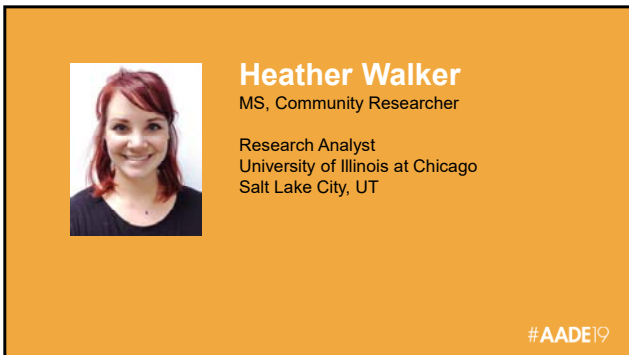



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Session Plan

- Introduction to 'The Lurker'
- Community Case Study – DiabetesSisters
- From Exclusion to Inclusion
 - Minority Communities/Populations
 - Disability X Diabetes
 - All type of diabetes
- Strategies for Expansive Inclusiveness

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A Lurker Story

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The *lurker* role is the role in which a peer observes other peers engaging in a peer interaction

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The Lurker – Group Dynamics

3 roles vital to the peer support process:

- supporter,
- supported, and
- observer (lurker)

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The Lurker – Active Learning

Lurking as a form of active participation
Education from within
Not measurable, but still valuable
Non-linear/Cyclical
Transmission of ideas
Stand alone power of “me too”



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RE-CREDITING THE LURKER as an active and engaged person

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Case Study Part I: DiabetesSisters

- Digital
 - Monthly e-newsletter
 - Social Media: Facebook, Twitter, Instagram
 - DiabetesSistersVoices: online research
- In-Person
 - PODS Meetups, with educational curriculum, reflection
 - PODS Leader Training
 - Minority Initiative Program
- Do both online and in-person approaches meet at every level?

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FROM EXCLUSION TO INCLUSION
Who is excluded and how do we include them?

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Underserved and Marginalized Communities

- Minority groups
- All types
- Disabled X Diabetes

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Navigating Power Dynamics

- The effect of clinic walls
- The effect of community buy-in
- How to avoid tokenism

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Case Study Part 2: DiabetesSisters

- Organization-wide policy of inclusion
- Safe space
- No judgement
- No “right” or “wrong” answers

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Strategies

- Community buy-in
- Moving beyond the clinic walls
- Building safety in sharing
- Creating space for the lurker
- Opening up idea of what peer support looks like when more accessible to diverse populations

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QUESTIONS?

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