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Diabetes Educator
Registered Dietitian Manager
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Why do we care about glucose management during pregnancy?

- Placenta mediated insulin-resistance
- Fetal impact of hyperglycemia
- Long-term implications for maternal health
Implications for the fetus

Suite 360 Vision Project: Embedding Diabetes Specialist Across the Four Trimesters of Pregnancy

- Unified philosophy
- Cohesive space
- Comprehensive team
- Scheduling

Sean C. Blackwell MD
Chair, Department of Obstetrics, Gynecology and Reproductive Sciences
Director, Larry C. Gilstrap M.D. Center for Perinatal and Women's Health Research

Rita Willis, RN, MPH
VP, Chief Operations Officer
Diabetes Program Champion

Clara Ward MD, MPH
Assistant Professor, Division of Maternal-Fetal Medicine
Diabetes Program Coordinator

Joy Cornthwaite MS, RD, LD, CD
Dietitian, Manager and Diabetes Educator
**Suite 360 Vision Project**

Embedding Diabetes Specialist Across the Four Trimesters of Pregnancy

- Counseling
- Systems
- Nano
- Micro
- Macro

**Patient Centered:**

*Personalized and Comprehensive*

- Individual needs
- Attention to support system
- Self-efficacy
  - Implement and sustain recommendations
- HALO effect
Suite 360 Vision Project
We make it worth it!

1st trimester
- Expectations and responsibilities
- Etiology of disease, considerations in pregnancy
- AADE7 Self-care behaviors
- Resource and Supply management

2nd and 3rd trimesters
- Review of previous as needed
- Continued support for self care behaviors
- Medical treatment management, as applicable
- Medication changes
- Support for resources and supplies

4th trimester
- Expectations and responsibilities
- Considerations post pregnancy
- Transition/return to primary care manager and/or specialist care
- Case mgmt and resources

Clinical Operations:
Personnel Management
- Responsive Leadership & Communication
- Team
  - Maternal Fetal Medicine (MFM) Physicians, Nurses, Certified Diabetes Educators, Sonographers, Genetic Counselors
  - MFM schedulers, Medical Assistants, MFM clinic staff
Clinic Operations: Enhancing Patient Care & Experience

Referral Management (Graph?)
- Internal
- External

Productivity (Graph?)
- Appointment scheduling
- Linked Visits
- Minimized Cancellations, No shows

Amenities
- Snacks and Water
- Written education materials, teaching tools
- Glucose monitoring supplies for immediate distribution*  
  *insurance dependent

Mother living with diabetes
Office staff and support
Medical and administrative
Quality patient-clinician interactions

• Efficiency
  – more comprehensive care
• Satisfaction
• Outcomes

MACRO Systems: Creating solutions

• Team-based
  – Remote monitoring
    • Access, follow-up, QOL
• Patient
  – Peer-support and centering
• Clinicians
  – Documentation
    • Reduction of time and efforts spent
    • Multi-purpose effort
      – Medicine and resource determinations

Program Development

• “Starfish”
• Supporting the next generation
  – Resident physician education
  – Training & research
    • Family medicine, medical students, nursing students
• Supporting referring physicians
  – Service promotion
  – Lunch and Learns for Peers and their staff