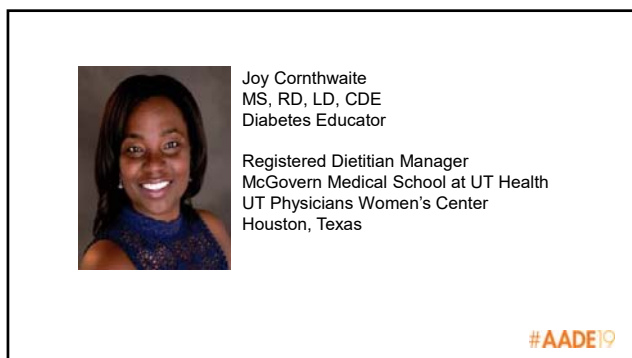


1



2



3



Rita Willis
RN, MPH

Vice President, Chief Operations Officer
Department of Obstetrics and Gynecology
McGovern Medical School at UT Health
Houston, Texas

#AADE19

4

Disclosure to Participants

- Notice of Requirements For Successful Completion
 - Please refer to learning goals and objectives
 - Learners must attend the full activity and complete the evaluation in order to claim continuing education credit/hours
- Conflict of Interest (COI) and Financial Relationship Disclosures:
 - Presenter: Joy Cornthwaite, MS RD LD CDE - No COI/Financial Relationship to disclose
 - Presenter: Clara Ward, MD - No COI/Financial Relationship to disclose
 - Presenter: Rita Willis, RN MPH - No COI/Financial Relationship to disclose
- Non-Endorsement of Products:
 - Accredited status does not imply endorsement by AADE, ANCC, ACPE or CDR of any commercial products displayed in conjunction with this educational activity
- Off-Label Use:
 - Participants will be notified by speakers to any product used for a purpose other than for which it was approved by the Food and Drug Administration.

#AADE19

5

Suite 360 Vision Project: Embedding Diabetes Care and Education Specialists Across the Four Trimesters of Pregnancy




836,667
FY16
Actual patients

887,883
FY17
Actual patients

6

Suite 360 Vision Project

- Unified philosophy
- Comprehensive team
- Scheduling
- Cohesive space

Sean C. Blackwell MD
 Chair, Department of Obstetrics, Gynecology and Reproductive Sci
 Director, Larry C. Gilstrap M.D. Center for Perinatal & Women's
 Health Research
 Current President of Society of Maternal and Fetal Medicine (MFM)

Rita Willis, RN, MPH
 VP, Chief Operations Officer, OB/GYN
 Diabetes Program Champion

Clara Ward MD
 Assistant Professor, Division of MFM
 DEAP Program Coordinator

Joy Cornthwaite MS RD LD CDE
 RD/CDE Manager **#AADE19**

7



8



9

Why do we care about glucose management during pregnancy?

- Placenta mediated insulin-resistance
- Fetal impact of hyperglycemia
- Long-term implications for maternal health

#AADE19

10

Implications for maternal and fetal health

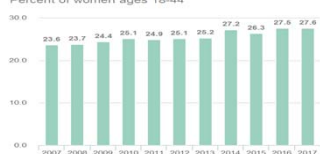
Maternal	Fetal	Neonatal
<ul style="list-style-type: none"> • Preeclampsia • Infections • Lacerations • Cesarean delivery • Long-term sequelae 	<ul style="list-style-type: none"> • Growth abnormalities • Polyhydramnios • Fetal demise 	<ul style="list-style-type: none"> • Birth injuries • Hypoglycemia • Seizures • Polycythemia • Electrolyte imbalance • Hypocalcemia • Hypomagnesemia • Hyperbilirubinemia • Respiratory distress • NICU admission

#AADE19

11

Obesity Among Women of Childbearing Age

United States, 2007-2017
Percent of women ages 18-44



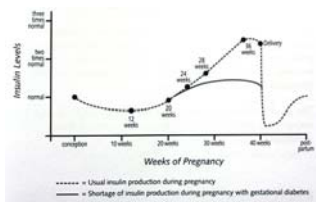
© 2019 March of Dimes Foundation. All rights reserved.

Source: Behavioral Risk Factor Surveillance System, Centers for Disease Control and Prevention. Retrieved August 10, 2019, from www.marchofdimes.org/pressroom

#AADE19

12

Insulin requirements during pregnancy



Marcinkevage and Narayan, Prim Care Diabetes 2011

#AADE19

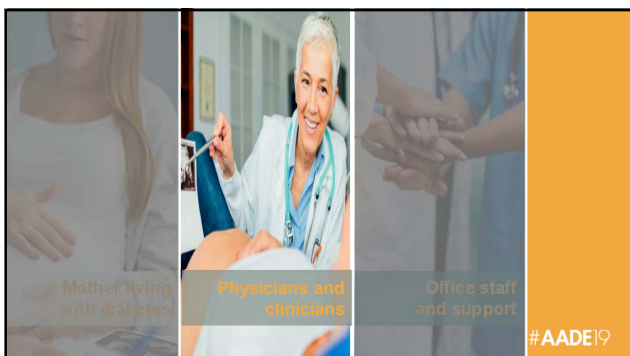
13

Program Development

- “Starfish”
- Supporting the next generation
 - Resident physician education
 - Training & research
 - Family medicine, medical students, nursing students
 - Evidence-based molding of clinical philosophy
- Supporting referring physicians
 - Service promotion
 - Lunch and Learns for Peers and their staff

#AADE19

14



15

The time is now!

Prenatal Visits

- Frequency
- Expanded care coverage
- Receptive to modifications*

*Support needed to mitigate volume and complexity of expectations

16

Diabetes Care and Education Specialist

- Establish clinic relationships
 - Learn workflow
- Find/Phone a friend
- Physician buy-in



#AADE19

17

Learn the ropes

- Scrub charts
- Point out opportunities for referral
- Make appointments
- Report findings, communicate successes
- Hold Lunch & Learns
- Know your codes
 - Credentialing, billing, coders

18

COMMUNICATE AND COLLABORATE!!

#AADE19

19

Quality patient-clinician relationship

- Efficiency
 - Bridging communication
- Satisfaction
- Outcomes



#AADE19

20

Communicate with Leadership

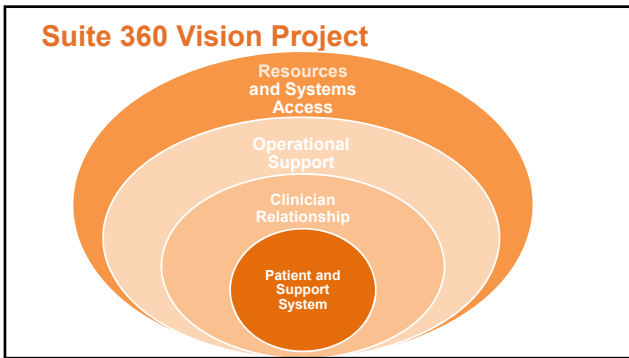
- Volume increases
- Opportunities to transition tasks
 - Scheduling
 - Verification
 - Prior Authorizations give them away!
- Opportunity for staffing
 - Paraprofessional training
- Do the things only you can do!

#AADE19

21



22



23

Clinical Operations: Personnel

- Responsive Leadership & Communication
- Dedicated Team
 - Maternal Fetal Medicine (MFM) Physicians, Nurses, Certified Diabetes Educators, Sonographers, Genetic Counselors
 - MFM schedulers, Medical Assistants, MFM clinic staff

#AADE19

24

Clinic Operations:
Enhancing Patient Care & Experience

Referral Management
 Internal
 External

Productivity
 Appointment scheduling
 Linked Visits
 Minimized Cancellations, No shows

#AADE19

25

Amenities

- Written education materials, teaching tools
- Glucose monitoring supplies for immediate distribution*
 *insurance dependent
- Snacks and Water

#AADE19

26

Suit Vision
 We make

 1 st trimester • Expectations and	 2 nd and 3 rd trimesters • Review of previous as applicable	 4 th trimester post partum care • Expectations and
-----------------------------------------------------	------------------------------------------------------------------------------------------	----------------------------------------------------------------------

Diabetes Care and Education Specialist, Paraprofessionals, Physicians, Nurses, Community Health Worker, Social Workers, Psychologist, Psychiatrist, Lactation Consultant

• AAE7 Self-care behaviors
 • Resource and Supply management

• Medication changes
 • Support for resources and supplies

• Case mgmt and resources

#AADE19

27

UT★Physicians
A Part of UTHealth

Diabetes Self-Management
for those living with diabetes in pregnancy

Our mission is to empower patients through education and the development of personalized self-care skills needed to achieve optimal blood glucose control, improve quality of life, and positively affect outcomes for their babies and families.

Management plans for those with diabetes in pregnancy and women at high risk for the condition are available at the clinic and also at our website. For more information, visit our website or contact us. We are here to help you live with diabetes in pregnancy, improve health, and positively affect diabetes outcomes.

To schedule an appointment at one of our convenient locations please call 832.325.7133 or visit UTPhysicians.com/womenshealth

Joycelyn.A.Cornthwaite @uth.tmc.edu

Questions?

#AADE19

28

Program Development

- “Starfish”
- Supporting the next generation
 - Resident physician education
 - Training & research
 - Family medicine, medical students, nursing students
 - Evidence-based molding of clinical philosophy
- Supporting referring physicians
 - Service promotion
 - Lunch and Learns for Peers and their staff

#AADE19

29
