

## **Sample Content Outline with Pharmacology minutes**

ADCES requires a brief content outline to help fulfill its CE accreditation requirements. This outline will ensure that you identify major ideas and concepts that will be presented and aid in organizing your abstract in a logical form. A content outline should include the number of minutes spent on each concept/idea. If there are multiple speakers, please indicate who is covering which segment.

### **I. Introduction (Smith – 10 minutes)**

- a. Diabetes statistics & epidemiology
- b. Brief overview of current ADA and AACE treatment guidelines
- c. Gaps in achieving treatment goals despite current available treatment options (5 minutes of Pharmacology)

### **II. Discuss and apply current recommendations for the treatment of people with type 2 diabetes (Jones – 25 minutes)**

- a. Review of ADA/EASD algorithm/most recent ADA Standards of Care recommendations
- b. Review recommendations for intensification of antihyperglycemic therapy (15 minutes of pharmacology)
  - i. Consideration of hypoglycemia risk
  - ii. Consideration of ASCVD/CKD history
  - iii. Consideration of weight effects
  - iv. Consideration of access and cost

### **III. Discuss select antihyperglycemic therapies in late-stage clinical development (Young – 15 minutes)**

- a. Oral semaglutide (5 minutes of pharmacology)
  - i. Pharmacokinetics/pharmacodynamics (mechanism of delivery)
  - ii. Phase 3 clinical data review
  - iii. Potential advantages and disadvantages
- b. Sotagliflozin (5 minutes of pharmacology)
  - i. Pharmacokinetics/pharmacodynamics
  - ii. Phase 3 clinical data review (type 1 and type 2 diabetes)
  - iii. Potential advantages and disadvantages
- c. Implantable exenatide (5 minutes of pharmacology)

i. Pharmacokinetics/pharmacodynamics (mechanism of delivery)

ii. Phase 3 clinical data review

iii. Potential advantages and disadvantages

IV. Question & Answer (Smith and Jones – 10 minutes)