Continuous Quality Improvement Project - Sample

**Aim:** To increase Program’s Diabetes Education referral base by establishing a site for initial assessments at a 4 physician internal medicine practice 14 miles north of the hospital’s service area.

**Plan:** To determine if these participants would be willing to travel to the hospital for group education after their initial assessment.

**Do:** Initially, we scheduled 4 hours per month at the new site. Due to an increase in demand, we increased to 16 hours per month.

**Study:** 48 initial assessments were completed from November 2008 to October 2009. 39 participants completed their education. 41% completed group education vs. 44% of our total number of participants.

**Act:** The addition of the new site increased referral and there was no significant difference in group participation compared to participants initially assessed at the hospital.