

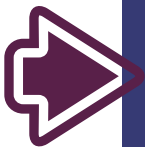


ACTIVITIES



How do you feel about having to take insulin or other medicines?

What is the hardest part about taking your medications?



Name one of your medications.

How much are you supposed to take?

When are you supposed to take it and how often?

Why do you have to take this medication?

What are some of the possible side effects?

What are you supposed to do if you experience side effects?

Anything else you need to know?

What do you do if you forget to take this medication?

**Repeat this exercise for every medication. Be sure to ask your pharmacist or diabetes educator if you do not know the answers.*