



MY DIABETES MEDICINES

Checklist

Get the answers you need to take your medications the best and safest way possible by following this checklist. Bring it to every visit with your diabetes care team and **ASK EVERY QUESTION.**

What is this medicine for?

Does this medication contain anything I am allergic to?

How will it help me?

When and how often do I take it?

What should I do if I miss a dose?

Should I take it with food or on an empty stomach?

How long do I need to take it?

What side effects should I look for?

What precautions are associated with this medicine?

How should this medicine be stored?

Do you have any written instructions I can have?
