

## Hearing Handicap Inventory for Adults

NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

INSTRUCTIONS: The purpose of the scale is to identify the problems your hearing loss may be causing you. Check YES, SOMETIMES, or NO for each question. DO NOT skip a question if you avoid a situation because of your hearing problem. If you use a hearing aid, please answer the way you hear **WITHOUT** your aid.

		YES (4)	SOMETIMES (2)	NO (0)
S-1.	Does a hearing problem cause you to use the phone less often than you would like?			
E-2.	Does a hearing problem cause you to feel embarrassed when meeting new people?			
S-3.	Does a hearing problem cause you to avoid groups of people?			
E-4.	Does a hearing problem make you irritable?			
E-5.	Does a hearing problem cause you to feel frustrated when talking to members of your family?			
S-6.	Does a hearing problem cause you difficulty when attending a party?			
S-7.	Does a hearing problem cause you difficulty hearing/understanding coworkers, clients, or customers?			
E-8.	Do you feel handicapped by a hearing problem?			
S-9.	Does a hearing problem cause you difficulty when visiting friends, relatives, or neighbors?			
E-10.	Does a hearing problem cause you to feel frustrated when talking to coworkers, clients or customers?			
S-11.	Does a hearing problem cause you difficulty in the movies or theater?			
E-12.	Does a hearing problem cause you to be nervous?			
S-13.	Does a hearing problem cause you to visit friends, relatives, or neighbors less often than you would like?			
E-14.	Does a hearing problem cause you to have arguments with family members?			
S-15.	Does a hearing problem cause you difficulty when listening to TV or radio?			
S-16.	Does a hearing problem cause you to go shopping less often than you would like?			
E-17.	Does any problem or difficulty with your hearing upset you at all?			
E-18.	Does a hearing problem cause you to want to be by yourself?			
S-19.	Does a hearing problem cause you to talk to family members less often than you would like?			
E-20.	Do you feel that any difficulty with your hearing limits or hampers your personal or social life?			
S-21.	Does a hearing problem cause you difficulty when in a restaurant with relatives or friends?			
E-22.	Does a hearing problem cause you to feel depressed?			
S-23.	Does a hearing problem cause you to listen to TV or the radio less often than you would like?			
E-24.	Does a hearing problem cause you to feel uncomfortable when talking to friends?			
E-25.	Does a hearing problem cause you to feel left out when you are with a group of people?			

No = 0 points      Sometimes = 2 points      Yes = 4 points

Total # of points \_\_\_\_\_ / 100

Total # of points for SOCIAL \_\_\_\_\_ / 48 = \_\_\_\_\_

Total # of points for EMOTIONAL \_\_\_\_\_ / 52 = \_\_\_\_\_

0 (no handicap) to 100 (total handicap)    0 – 16% = No handicap

18 – 42% = Mild-Moderate Handicap    44%+ = Significant Handicap

### Hearing Loss in Diabetes: Communication Strategies

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Adapted from Newman, C.W., Weinstein, B.E., Jacobson, G.P. and Hug, G.A., Test-retest reliability of the Hearing Handicap Inventory for Adults, Ear Hear., 12, 355-357 (1991)

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