**M.N. Physician Group
Diabetes Self-Management Education program**

Program Mission:

The mission of the M.N. Physician Group (MNPG) Diabetes Self-Management Education (DSME) program is to provide high quality evidence-based diabetes self-management education to primary care and specialty care patients of the physician group who have diabetes. We believe that education provides the foundation for individualized, optimized self-care that will lead to better health outcomes for our patients and ultimately, a better quality of life.

* Our mission is consistent with the M.N. Health mission which is that “We are here to make people healthier”.

Program Goals:

* To offer diabetes self-management education in a setting that facilitates both individual and group learning
* To establish and continuously improve each patient’s knowledge and understanding of the diabetes disease process and diabetes self-management and to collaboratively develop self-management support plans leading to more active patient engagement in diabetes self-care.
* To empower patients to work collaboratively with healthcare providers and teams to continuously refine and improve diabetes treatment and self-management plans.
* To improve health outcomes and quality of life for our patients living with diabetes
* To raise awareness of the importance of and positive impacts of diabetes self-management education within the Mount Nittany Physician Group and the Mount Nittany Health system.
* To extend diabetes s care resources across our physician group to positively impact all patients with diabetes in all stages of the diabetes disease process and throughout their life transitions across the continuum of care.