

STANDARD 8 ONGOING SUPPORT

The components of this standard include:

1. De-identified chart must also include documentation of ongoing self-management support options specific to the community where the DSMES services are delivered, with participant preferences noted.
2. Options should be updated periodically and include resources and activities that help participant sustain ongoing skills, knowledge, behavior changes needed to manage their condition, such as:
 - a. Internal or external group meetings, local or online
 - b. Ongoing medication management
 - c. Continuing education
 - d. Physical activity programs
 - e. Weight loss support
 - f. Smoking cessation options
 - g. Mental health resources
 - h. Grocery store tours
 - i. Community centers
 - j. Swimming pools
 - k. Religious group
 - l. Dental resources
 - m. Diabetes magazines
 - n. ADA Type 2 Living with Diabetes free program
 - o. Websites or apps