

## Steps to Integrate Existing Digital Health Tools Into Your Practice

- Explore DANA. Use the App Review section to identify useful general health and wellness apps for PWD. Investigate *Digital Health Platforms* in the Products section to find information on digital therapeutics.
- Consistently identify patients who would benefit from evidence-based digital health tools as a standard of care.
- Engage identified patients in the use of digital health tools customized for their treatment plan.
- Use the resulting PGHD in a complete feedback loop to negotiate timely care plan optimization through shared decision making to achieve improved metabolic outcomes. Explore use of new remote monitoring codes for payment options.
- Facilitate ongoing patient and team engagement through the digital health platform.
- Leverage population-level data to inform practice quality improvement and population health initiatives.
- Check out a resource from AADE on using mobile apps to manage diabetes at [https://www.DANAtech.org/media/1838/mobileapps\\_onboarding\\_callouts\\_final.pdf](https://www.DANAtech.org/media/1838/mobileapps_onboarding_callouts_final.pdf).