



Technology Could Help with Diabetes Management

Results from a national survey uncovered people living with diabetes are challenged by tracking information related to their condition over time and that technology may ease the burden

The Importance of Tracking Diabetes Information



Almost two-thirds of people living with diabetes wish it was simpler and easier to track their insulin use and glucose levels



95% of respondents know that it is important to track their insulin use



62% reported having been too busy to log and/or have forgotten to log their insulin use at least once in the past month

Why Does This Matter?

Blood sugar readings can help address out-of-range glucose levels



So, What Can Be Done?

80% believe that a device which connects to an insulin pen, automatically tracks/records insulin use and wirelessly sends the information to an app or smart phone would be helpful


What Emerging Technologies Could Mean for People Living with Diabetes

While 65% reported they are doing everything to manage their diabetes, 67% feel guilty about not doing a better job.


A connected device would be helpful for people living with diabetes to:



1 Give them a more personalized understanding of their diabetes (79%)



2 Make managing or tracking insulin use less time consuming (78%)



3 Make them feel more empowered when it comes to managing their diabetes (75%)



About the Survey:

The research was conducted online on behalf of the Association of Diabetes Care & Education Specialists in collaboration with Sanofi US. The national survey was conducted in June and July of 2020 and included more than 700 American adults living with Type 1 or Type 2 diabetes who take insulin. All respondents were taking insulin that was administered with a vial/syringe or pen regularly for at least six months. Respondents were not excluded if they delivered their insulin via an insulin pump or if they also used inhaled insulin.