

# DISTANCE LEARNING



## Platform Comparisons – Offering Your National DPP via Distance Learning

Platform	Platform Capabilities	Participant Needs	Max. Participants	HIPAA	Cost	Platform Limitations	Recording Available	Lifestyle Coach Support	Platform Support
<b>GoToMeeting</b>	Video, Screen Share, Conference Line	Phone (mobile or landline) and/or computer access	<b>Professional</b> – 150 participant <b>Business</b> – 250 participants <b>Enterprise</b> – 3,000 participants	Yes	<b>Professional</b> – \$12.00/month <b>Business</b> – \$16.00/month <b>Enterprise</b> – Call for custom rates	Unlimited cloud recording, drawing tools and co-organizers only available for Business or Enterprise levels	Yes	whiteboarding, group messaging	Call Support:  Toll Free: +1(833)-851-8340
<b>Microsoft Teams</b>	Video, Screen Share, Conference Line	Phone (mobile or landline) and/or computer access	250 participants	Yes	<b>Business</b> - \$8.25/month/user <b>Business Premium</b> \$12.50/month/user <b>Business Essentials</b> \$5.00/month/user	N/A	Yes	Whiteboarding, polling questions, group messaging	Email support at <a href="https://support.office.com/en-us/home/contact?contactUsExperienceEntryPointAssetId=S.H.P.teams">https://support.office.com/en-us/home/contact?contactUsExperienceEntryPointAssetId=S.H.P.teams</a>
<a href="#">Google Hangouts</a>	Video, Screen Share, Conference Line	Phone (mobile or landline) and/or computer access	<b>Basic</b> - 100 participants <b>Business</b> – 150 participants <b>Enterprise</b> - 3,000 participants	Yes	<b>Basic</b> - \$6/month <b>Business</b> - \$12/month <b>Enterprise</b> – \$25/month	N/A	Yes	Group Chats, polling	Reference the Google Meets trouble shooting website first <a href="https://support.google.com/meet/answer/7380413?hl=en&amp;ref_topic=7290455">https://support.google.com/meet/answer/7380413?hl=en&amp;ref_topic=7290455</a> then reach out to their email support from this webpage if you cannot find answer
<b>Free Conference Call.com</b>	Video, Screen Share, Conference Line	Phone (mobile or landline) and/or computer access	1,000 participants	Yes	Free	N/A	Yes	Breakout rooms, Drawing tools, group messaging, studio presentation,	Call Customer Care at  (844) 844-1322

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<b>Adobe Connect</b>	Video, Screen Share, Conference Line	Phone (mobile or landline) and/or computer access	100 participants	Yes	Starting at \$50/month	Adobe Connect Learning is the only plan that allows engaging content delivery	Yes	Breakout sessions, whiteboarding and discussion tools, polling	Contact Customer Service at 800-945-9120
<a href="#">Cisco Webex</a>	Video, Screen Share, Conference Line, gallery view	Phone (mobile or landline) and/or computer access	100 participants	Yes	Free \$13.50/month \$17.95/month \$26.95/month	Free version caps meetings at 40 minutes	Yes	Breakout rooms, whiteboarding and discussion tools, polling	Contact Customer Service at 1-866-229-3239
<a href="#">Zoom</a>	Video, Screen Share, Conference Number, Gallery View	Phone (mobile or landline) and/or computer access	100 participants	No	Free \$14.99/month \$19.99/month	Free version caps all meetings at 40 minutes and no polling questions	Yes, for <b>paid</b> version only	Breakout Rooms, Whiteboarding, Polling, group messaging	Free account users can only access online resources Paid subscriptions can submit an email <a href="https://support.zoom.us/hc/en-us/requests/new?flash_digest=ca6d6f2e5be193be925ac6a9ff3256be985485f0">https://support.zoom.us/hc/en-us/requests/new?flash_digest=ca6d6f2e5be193be925ac6a9ff3256be985485f0</a> or call +1-888-799-9666 ext. 2
<a href="#">Zoom for Healthcare</a>	Video, Screen Share, Conference Line, Gallery View, Integration with EPIC	Phone (mobile or landline) and/or computer access	100 participants	Yes	\$200/month	N/A	Yes	Breakout Rooms, Whiteboarding, Polling, group messaging	Contact Customer support at +1-888-799-9666 ext. 2
<a href="#">Vsee</a>	Video, Screen Share, Secure Messaging	Computer or mobile phone with access to	36 participants	Yes	\$49/month	Phone lines are in beta testing and	No	Auto confirmations and reminders, instant feedback with post-visit	Live Chat on their website <a href="https://help.vsee.com/">https://help.vsee.com/</a>

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		APP downloads				not available – computer only		surveys, share food diary, mood chart, and wellness charts	
<a href="#">Doxy</a>	Video, Screen Share	Computer for free version  Computer or phone (mobile or landline) for paid version	1 person for free & professional  2+ people for clinic	Yes	Free <b>Professional</b> – \$35/month <b>Clinic</b> – \$50/month	Audio call only available for professional and clinic practice, file transfer only available for paid versions	No	File transfer	Live chat at <a href="https://help.doxy.me/en/articles/3644250">https://help.doxy.me/en/articles/3644250</a>
<b>Fruit Street</b>	Video, Screen share, Call in option	Computer or phone (smart phone best, but can use landline)	Unlimited – you set max	Yes	Free during COVID-19  \$199/month per lifestyle coach	N/A	No	N/A	Contact Customer Service at 347-202-1101 or email them on their website <a href="https://fruitstreet.zendesk.com/hc/en-us/requests/new">https://fruitstreet.zendesk.com/hc/en-us/requests/new</a>
<a href="#">Lifesize</a>	Video screen share, call in option	Computer or smart phone	Varies by plan	Yes	6 months Free Standard - \$16.95 Plus - \$14.95 Enterprise - \$12.95	N/A	Yes	Whiteboarding and group messaging	Send request on website <a href="https://www.solutions.lifesize.com/contact/">https://www.solutions.lifesize.com/contact/</a>

This resource was supported by the grant or cooperative agreement, 5 NU58DP006361-03-00 funded by the Centers for Disease Control and Prevention. Its contents are solely the responsibility of the authors and do not necessarily represent the official views of the Centers for Disease Control and Prevention or the Department of Health and Human Services.”