

DISTANCE LEARNING



Platform Comparisons – Offering Your National DPP via Distance Learning

Platform	Platform Capabilities	Participant Needs	Max. Participants	HIPAA	Licensing Fee	Recording Available	Lifestyle Coach Support	Platform Support
Fruit Street Health	Video, Screen share, Call in option	Computer or phone (smart phone best, but can use landline)	Unlimited – you set max	Yes	Free during COVID-19 \$199/month/per lifestyle coach	No	You can send automated reminders to groups about upcoming classes	Contact Customer Service at 347-202-1101 or email them on their website https://fruitstreet.zendesk.com/hc/en-us/requests/new
WellSpark Health	Live class delivery via video conf. simultaneously recorded and available for on-demand make-ups Weight/ physical activity tracking Knowledge checks CDC DPRP standards integrated into platform	Computer, phone or tablet use	Unlimited – you set the max	Yes	One time set up fee per organization \$10,000 includes initial platform set up, file load, train the trainer and program configuration for CDC Reporting \$3/participant/month which includes 5 hours of tech support per month	Yes	One-to-one coaching appointments. Connect via phone or video conference Customizable videos Health Video library, curated content based on preferences Coach documentation capabilities built into system Add's for an additional cost: Fitbits, scales, support from CDC Master Trainer, tech support etc. Participants can chat into their coach during live session, coach can respond live	5 tech support hours per month with initial cost, and can buy additional hours as an add on Client Success Manager designated to account

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	Platform generates bi-annual CDC recog. report, file in csv format/trend report on cohort progress							
HabitNu	<p>Platform specifically designed to seamlessly deliver DPP, keep participants engaged between the classes and track outcomes</p> <p>Generates analytics and CDC data reports</p> <p>Components</p> <ul style="list-style-type: none"> - <u>Distance Learning</u> Recordable group webinars, dial-in option, pre-recorded videos available for make-up sessions - <u>HabitNu App</u> with a food diary, weight and activity tracker, secure 	Computer, phone (cell or landline)	Unlimited – you set the max	Yes	Ranges from \$150-200/month/cohort depending on how many cohorts you have.	Yes	<p>-<u>Branded Recruitment Portal</u> in English and Spanish for your organization</p> <p>-<u>Coach Training Portal</u> with training videos and quizzes for each class. Includes DPRP resource library</p> <p>-<u>Coach Console</u> Lifestyle coaches receive real-time data and insights to maximize engagement and outcomes</p> <p><u>Educational Videos</u> to share with participants, multiple channels to engage with participants including text, email, phone, group support forum via the Coach Console.</p> <p>DTTAC trained Master Coaches to provide assistance</p> <p>Spanish version of the HabitNu App to be completed by July 31st.</p>	Contact us: support@habitnu.com (312) 566-7871 www.habitnu.com

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discussion forum,
alerts and
notifications

- Short Educational
Videos on Prevent T2
curriculum scheduled
to release with the
upcoming classes

- Peer Support: Online
secure discussion
forum for the coach
and participants

**Distance Learning Platforms that DO
NOT offer licensing**

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