Last year’s AADE14 was the first national AADE conference I have attended. I was very impressed with the quality of the conference and especially with how organized it was. I left feeling inspired and motivated; I immediately started looking forward to attending AADE15! I have been a pharmacist for 14 years but have only recently focused on diabetes education. I intend to take the CDE exam in the fall and so I want to attend some sessions to help fill in the holes in my knowledge as well as attending sessions that will allow me to improve my current diabetes education practice.

**Wednesday August 5**
7:30am – GS01 (The "E" is for Engagement)

9:45am – W02 (Current State of DSMT Reimbursement and Healthcare Reform). I tend to gravitate to the more clinical sessions and have to make sure I get in some classes that address the business side of DSMT.

11:00am – W07 (Lipid Guidelines: What is Best for My Patient?)

12:15-2:00pm – Exhibit floor and a lunch-serving product theater.

2:00pm – W14 (Adequate Nutrition Label Literacy May Be Less Common than You Think). I continue to be surprised at how little many adults know about general nutrition and how confusing labels are to them. I could use some suggestions for teaching this to people to whom the idea of reading labels is foreign.

3:45pm – W22 (Pharmacological Management of Obesity). As a pharmacist, I am naturally drawn to the pharmacy-related sessions since I get so many questions about medications from patients and other health care providers. However, since I would like to go to an overlapping 4:15 session so I might spend some of that time on the exhibit floor or just looking around.

4:15pm – W18B (Use of SMBG in T2 DM Self-Management: 'Knowing Where I Am At"

5:00pm – W24 (The National Diabetes Prevention Program). I would love to see more emphasis on prevention and I am interested in learning about what is working in different communities to prevent diabetes.

**Thursday, August 6**
7:30am – GS02 (Engaging patients in their care using Connected Health)

9:15am – T02 (Diabetes Self-Management Education (DSME) Programs – Tips and Take Aways)
10:30am – T12 (Group Teaching Strategies for Diabetes Self-Management Education). I could certainly use some new ideas to use in my group classes.

1:00pm – T13 (Optimizing CGM: Best Practices for the Diabetes Educator)

3:45pm – T18 (Oral Anti-hyperglycemic and Insulin Therapies in Pregnancy). I see a lot of GDM patients and sometimes disagree with the physician on treatment. I’m hoping this session will give me the latest information to make my argument for therapy.

5:00pm – T22 (Troubles, Trials and Triumphs: Managing the Toddler and Preschooler with Type 1 Diabetes). This would be a session I am attending to fill in a gap in my knowledge. I see very few pediatric patients.

6:30pm – Evening Social Event. I admit that the promise of food is going to sway my decision about which sponsored events to attend.

Friday, August 7
9:15am – F04 (Culinary Medicine)

11:00am – F07 (Hypoglycemia in Type 1 Diabetes: The Impact on Family Members)

2:00pm – F13 (Diabetes and Eating Disorders). This is a topic I know very little about and would like to know more.

3:15pm – F21 (Type 1 Diabetes Management for Exercise and Sport)

4:30pm – F22 (Weight Loss and Lifestyle Modification: Predictors of Success in the Look AHEAD and DASH Intervention Studies)

8:00pm – AADE Foundation’s "Celebration of Giving"

Saturday, August 8
9:15am – S02 (Diabetes Medical Nutrition Therapy: Current Evidence-Based Nutrition Practice Guidelines for Adults with Type 1 and Type 2 Diabetes)

11:00am – S04 (To Eat Or Not To Eat Gluten: This is Just One Of the Questions). Another topic about which I get questions and should probably have a greater understanding.

This planner has made me even more excited to go to New Orleans!