



Last year's AADE14 was the first national AADE conference I have attended. I was very impressed with the quality of the conference and especially with how organized it was. I left feeling inspired and motivated; I immediately started looking forward to attending AADE15! I have been a pharmacist for 14 years but have only recently focused on diabetes education. I intend to take the CDE exam in the fall and so I want to attend some sessions to help fill in the holes in my knowledge as well as attending sessions that will allow me to improve my current diabetes education practice.

Wednesday August 5

7:30am – GS01 ([The "E" is for Engagement](#))

9:45am – W02 ([Current State of DSMT Reimbursement and Healthcare Reform](#)). I tend to gravitate to the more clinical sessions and have to make sure I get in some classes that address the business side of DSMT.

11:00am – W07 ([Lipid Guidelines: What is Best for My Patient?](#))

12:15-2:00pm – Exhibit floor and a lunch-serving product theater.

2:00pm – W14 ([Adequate Nutrition Label Literacy May Be Less Common than You Think](#)). I continue to be surprised at how little many adults know about general nutrition and how confusing labels are to them. I could use some suggestions for teaching this to people to whom the idea of reading labels is foreign.

3:45pm – W22 ([Pharmacological Management of Obesity](#)). As a pharmacist, I am naturally drawn to the pharmacy-related sessions since I get so many questions about medications from patients and other health care providers. However, since I would like to go to an overlapping 4:15 session so I might spend some of that time on the exhibit floor or just looking around.

4:15pm – W18B ([Use of SMBG in T2 DM Self-Management: 'Knowing Where I Am At'](#))

5:00pm – W24 ([The National Diabetes Prevention Program](#)). I would love to see more emphasis on prevention and I am interested in learning about what is working in different communities to prevent diabetes.

Thursday, August 6

7:30am – GS02 ([Engaging patients in their care using Connected Health](#))

9:15am – T02 ([Diabetes Self-Management Education \(DSME\) Programs – Tips and Take Aways](#))

10:30am – T12 ([Group Teaching Strategies for Diabetes Self-Management Education](#)). I could certainly use some new ideas to use in my group classes.

1:00pm – T13 ([Optimizing CGM: Best Practices for the Diabetes Educator](#))

3:45pm – T18 ([Oral Anti-hyperglycemic and Insulin Therapies in Pregnancy](#)). I see a lot of GDM patients and sometimes disagree with the physician on treatment. I'm hoping this session will give me the latest information to make my argument for therapy.

5:00pm – T22 ([Troubles, Trials and Triumphs: Managing the Toddler and Preschooler with Type 1 Diabetes](#)). This would be a session I am attending to fill in a gap in my knowledge. I see very few pediatric patients.

6:30pm – Evening Social Event. I admit that the promise of food is going to sway my decision about which sponsored events to attend.

Friday, August 7

9:15am – F04 ([Culinary Medicine](#))

11:00am – F07 ([Hypoglycemia in Type 1 Diabetes: The Impact on Family Members](#))

2:00pm – F13 ([Diabetes and Eating Disorders](#)). This is a topic I know very little about and would like to know more.

3:15pm – F21 ([Type 1 Diabetes Management for Exercise and Sport](#))

4:30pm – F22 ([Weight Loss and Lifestyle Modification: Predictors of Success in the Look AHEAD and DASH Intervention Studies](#))

8:00pm – AADE Foundation's "Celebration of Giving"

Saturday, August 8

9:15am – S02 ([Diabetes Medical Nutrition Therapy: Current Evidence-Based Nutrition Practice Guidelines for Adults with Type 1 and Type 2 Diabetes](#))

11:00am – S04 ([To Eat Or Not To Eat Gluten: This is Just One Of the Questions](#)). Another topic about which I get questions and should probably have a greater understanding.

This planner has made me even more excited to go to New Orleans!