



Wednesday August 5th

9:45am - W6 ([Diabetes & Mental Health](#)). Mark Peyrot is a great presenter, and this is such an under-appreciated subject.

11:00 - Hard to choose. I might have to “straddle” a couple of breakout sessions: W10 ([Reach More Patients in Less Time the Telehealth Way](#)) and W11 ([Improving Transition Preparation and Education for Adolescents and Young Adults with Diabetes](#))

12:15 – Business lunch with one of the exhibiting companies. This conference is an excellent time to develop contract work for the remainder of the year.

1:30 – Tour Exhibit Hall. Say hi to old friends, meet some new ones. See some new stuff, pick up some doodads for the kids.

3:45 – W21 ([Social Media: Why Should I Bother?](#)). I’m not really a beginner; @integ_diabetes has been my Twitter handle for years, but always looking for new ways to make use of social media. If way too basic, will head back to the exhibit hall for munchies.

5:00 – W28 ([Diabetic kidney disease](#)). One of my personal goals from attending the conference is to bone up on the latest in the management of complications.

Evening: Settle down to dinner with one of the companies I do consulting work for, then hit the hotel gym.

Thursday, August 6th

7:30 – GS02 ([Engaging patients in their care using Connected Health](#)). True, I’m not a general session guy. But this is a subject of particular interest to me.

9:15 – T01 ([Mobile Prescription Therapy: Opportunities for Educators to Improve Patient Engagement & Opportunities](#)). This intrigues me. Not exactly clear on what this is, so will keep other options open, such as T03 ([Embracing Interprofessional Collaboration in Diabetes Care: Bridging the Gaps between Industry and Clinical Practice](#))

10:30 – T09 ([Going, Going, Not Gone! Gastroparesis and How it Impacts Diabetes](#)). Love the title! Besides, Bobbi Silber is an old friend and a great presenter.

12:00 – Freak out! Getting ready to present/moderate the next session at 1pm. CGM shows double up-arrows.

1:00 - T13 ([Optimizing CGM: Best Practices for the Diabetes Educator](#)). Holy Crap! This session is unopposed! There might be, like, *thousands* of people! Hope I don't embarrass myself.

2:30 – Collapse after big presentation. Maybe have a few drinks. Where's the bartender in this place???

3:45 – Lots of great options here! Will have to “straddle” a few sessions: T17 ([Effective Strategies for Identifying an Eating Disorder and Navigating Treatment Options for Patients with Type 1 diabetes](#)), and T18 ([Oral Anti-hyperglycemic and Insulin Therapies in Pregnancy](#)). Hey! Some of my Philly neighbors are presenting T18!

5:00 – Ordinarily, I'd cut out early. But this is a session I really want to see: T22 ([Troubles, Trials and Triumphs: Managing the Toddler and Preschooler with Type 1 Diabetes](#)). Those folks at Winthrop are really sharp.

Evening: Second verse, same as the first. I'm thinking Italian followed by a good run.

Friday, August 7th

7:30: General Session: Ann is a great speaker, but I have breakfast plans with an old friend & colleague.

9:15 – Having just moderated an AADE summit on diabetes data management, this one really caught my eye: F01 ([Building the Next Generation of Diabetes Technology: 3 Patients and Their Stories](#))

11:00 – What happens when the current and most recent Diabetes Educators of the Year get together? Steel Cage Death Match!!! Just kidding. If you're at all entrepreneurial, you'll love this session that I'm presenting along with the lovely and talented Susan Weiner. F06 ([Take This Job and “Love It”! How to Run a Successful Private Practice](#))

12:30 – Lunch with another potential client in the diabetes device industry.

1:30 – Hit the posters!

3:15 - F20 ([Diabetes and Osteoporosis: What the Connection?](#)). Another opportunity to expand my skill set with a lesser-discussed complication.

4:30 - F26 ([Diabetes Education for the Real – but Virtual – World](#)). This is a chance to spy... I mean *learn* how others are applying what my practice has been doing for close to a decade.

Evening: Third verse, same as the first. Maybe a steakhouse followed by an hour in the weight room.

Saturday, August 8th

Morning: Might get in a run outdoors before the temp and humidity become hellish. Followed by breakfast with a colleague, then pack up for trip home.

12:30 - S11 ([Calling the Shots for Patients with Diabetes](#)). Hope they have some good handouts! This is something we need to develop into a teaching module for our patients.