



Wednesday August 5th

7:30 am – General Session. Get there early. AADE always does a great job welcoming us and I love seeing Joe Popp! I will be sitting stage right with my Michigan friends.

9:45 am – W2 ([Current State of DSMT and Health Care Reform](#)). As a RD and CDE providing DSMT and MNT, I'm interested in this session to see the changes in 2015 from the Affordable Care Act.

11:00 am – W07 ([Lipid Guidelines: What is Best for My Patient?](#)). Given the new guidelines from the American College of Cardiology and American Heart Association, I'm interested to see the specific recommendations for persons with diabetes. I also enjoy the presentation style of Evan Sisson.

12:15 – Will check out the Exhibit Hall. May check out a Product Theater.

2:00 pm – W14 ([Adequate Nutrition Label Literacy May Be Less Common than You Think](#)).

3:45 pm – W19 ([The Role and Management of Statins in Dyslipidemia and Addressing Patient Barriers to Use](#)). Hopefully, this will be an adjunct to the lipid guidelines talk I will be attending at 11 am. I hope to learn more about adjusting statins for myopathy and alternatives to statin therapy. If this talk is repetitive to my 11 am session, I will attend W18B ([Use of SMBG in T2 DM Self-Management: Knowing Where I Am At](#)) at 4:15 pm.

5:00 pm – W28 ([Diabetic Kidney Disease](#)). I'm seeing more clients with impaired kidney function, so am interested in this topic.

Evening: I will attend the AADE sponsored events. Great networking!

Thursday, August 6th

7:30 – GS02 ([Engaging patients in their care using Connected Health](#)). Again, I will be sitting stage right with my Michigan friends.

9:15 – T04 ([DSMT/E and MNT: Increase Your Insurance Reimbursement](#)). Mary Ann Hodorowicz....need I say anything else.

10:30 – T09 ([Going, Going, Not Gone! Gastroparesis and How it Impacts Diabetes](#)). The lesser known autonomic neuropathy that I am seeing more of in my practice.

11:30 am – Exhibit Hall and lunch. I usually volunteer to work at the DCE booth

1:00 – T13 ([Optimizing CGM: Best Practices for the Diabetes Educator](#)). I'm doing a talk on new diabetes technologies this fall, so this topic is timely.

2:30 – Back to Exhibit Hall

3:45 pm – T14 ([Artificial Pancreas](#)). Looking forward to learning about this technology.

5:00 pm – T20 ([The Link Between PCOS, Prediabetes and Diabetes: Nutrition Strategies for Prevention](#)). Looking forward to this one as a Dietitian, especially the PCOS and Pre-diabetes.

Evening: Again, will be attending the AADE event. Looking forward to seeing old friends!

Friday, August 7th

7:30 am – GS03: I love listening to Ann Albright.

9:15 am –F04 ([Culinary Medicine](#)). I'm intrigued by this session. Looking forward to the information that will be presented.

11:00 am –

12:00 pm – Lunch and Exhibit Hall.

1:00 pm – Check out the Poster Session and authors.

2:00 pm – It's a toss up between F11 ([Type 1 Diabetes Guidelines](#)) and F13 ([Diabetes and Eating Disorders](#)). Both look great.

3:15 pm - F21 ([Type 1 Diabetes Management for Exercise and Sport](#)). The youth that I have been following for years are now at the age of school athletics, so this session is perfect for me.

4:30 – F22 ([Weight Loss and Lifestyle Modification: Predictors of Success in the Look AHEAD and DASH Intervention Studies](#)). A must see for the dietitian.

Evening: Hoping to attend the ADE Foundation "Celebration of Giving"

Saturday, August 8th

7:30 am – GS04. The final general session is always great. Besides, they announce the winners of the Passport contest!

11:00 am – S07 ([National Diabetes Prevention Program in the Medically Underserved Community: If We Build It, Will They Come?](#)). I would like to see if this is something I can do back in my rural setting. Or maybe S04 ([To Eat or Not to Eat Gluten: This is Just One of the Questions](#)), a really hot topic.

12:30 - S10 ([Dairy's Role in Diabetes and Lactose Intolerance](#)). I love milk, so why not go to a session to hear about its benefits.